

Interests Profile

This is a quiz designed to find out a bit about you and what you do and don't like. Answer as truthfully as you can to make the profile match how you really feel about things.


This is a great way to start if you have no idea what you want to do for a career.

1 Take the Quiz 2 Explore careers

Interests quiz

How much do you enjoy the activities described below?

It doesn't matter if you've never done them before, you think you're not the best at them, or that they wouldn't lead to a good career: the only thing that matters is how much you enjoy them!



Very easy and fun questions answer with either a smiley, sad or indifferent face !

Being outdoors



Working in a group

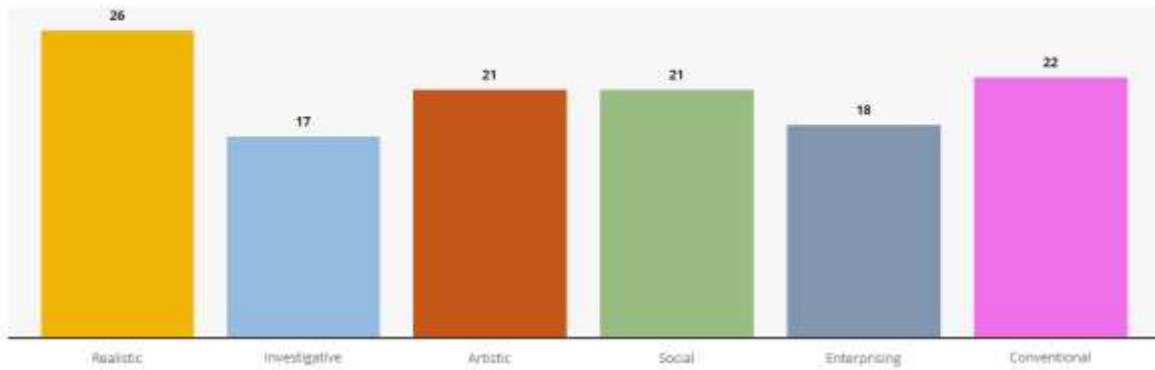


This then does a calculations of your answers

Your categories at a glance

Your interests profile is based on John Holland's theory of personality and job choices. Holland identified six categories of personality, and the careers associated with them. No person's personality fits neatly into just one category; your interests profile shows which of the six categories you are closest to, and you can explore the corresponding careers and subjects.

The maximum score for any category is 28

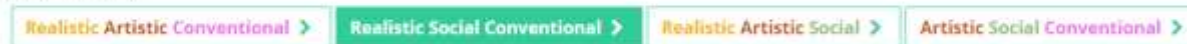


You can then search using different combinations and categories under the careers library and the subjects library

Search using three categories

These are your closest three-category combinations, in order

Careers library:



Subjects library:



Search using two categories

These are your closest two-category combinations, in order

Careers library:



Subjects library:



This then takes you to the Careers Library and Subject libraries, whichever you select and shows you the types of careers available and suitable to your characteristics.

Careers Library



Musical instrument maker and repairer

Musical instrument makers and repairers create new musical instruments or repair ones that have been damaged.

[Read the guide >](#)



Picture framer

Picture framers mount items like photographs, artwork or other objects for display.

[Read the guide >](#)

Subjects Library

Engineering and Buildings



Oliver Lowe
Architecture (BSc)
University of the West of England

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Architecture

The practice of designing, building and constructing large physical structures.



Charlie Newton
Mechanical Engineering (BSc)
in Industrial Studies
Loughborough University

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Mechanical engineering

A combination of physics, maths and computing to design and manufacture a range of products from cars to mobile phones.

Once you have done this you also have the option to Push to Locker, please do this, as this will then start to build up your profile, you can retake the quiz at any time throughout your time in school, you might be surprised how much your ideas change.

Share your Interests profile:

<https://www.unifrog.org/interests/d199c9> [Preview](#)

[f](#) [t](#) [e](#)

Or ask a teacher to take a look:

Mrs Cavill

[+ add a note](#)

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Download your profile:

Push it to your locker? Store this version of your profile in your locker as a pdf.

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Kind Regards

The Futures Team